



## Relationship with the Land

The purpose of this activity is for students to grasp the ideology of interconnectedness and holism; ultimately, we want students to familiarize themselves with practicing perception, respect, and reciprocity as they come to realize that we are connected.

## Materials Needed

- > Ball of Yarn (1 per Student - different colours)
- > Outside Learning Environment (more beneficial at an outside education centre or conservation)

## Instructions

1. In an outdoor setting, give each student a ball of yarn
2. Prior to this activity, explain to them the ideology and practice of interconnectedness and relationship that we have with the land; explain that this activity is an active representation of how we are all connected and can greatly affect each-other.
3. In a safe area, ask the students to create a yarn trail to parts of the environment that affect us. For example, tie a part of your yarn around a tree as a tree provides us with oxygen, wood for structure, etc. (Please remind students to not cut the string but wrap it around objects)
4. It is okay if students' yarn overlaps as it helps in demonstrating our connection to each-other.
5. Encourage students to come up with as many connections as they can.
6. Once everyone is complete, rejoin the class in a discussion in what they found, or what else they could have added or removed if we were in a different environment.

## Considerations

- > This activity is weather permitting; If you prefer, you can set up different images in the classroom and do the same activity.
- > Please ensure that your students recollect their yarn and return their balls in consideration of littering and protecting our environment.