

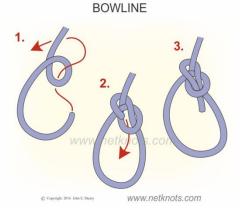
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### **Knot Tying Instructions**



#### **Bowline Knot Tying Instructions**

- Lay the rope across your left hand with the free end hanging down. Form a small loop in the line in your hand.
- Bring the free end up to and pass through the eye from the underside (the rabbit comes out of the hole).
- Wrap the line around the standing line and back down through the loop (around the tree and back down the hole).
- Tighten the knot by pulling on free end while holding standing line.



ElbowLakeCentre.ca

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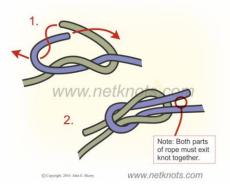


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#### **Square Knot Tying Instructions**

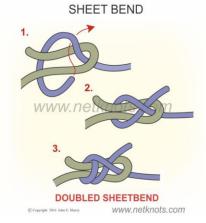
- Tie two over hand knots. First, right over left and twist. Then left over right and twist.
- Make sure both parts of the rope exit the knot together!

SQUARE KNOT



#### **Sheet Bend Tying Instructions**

- Form a loop in the end of one rope. Pass the free end of the rope to be joined under the opening of the loop, around both parts of the first rope and back under itself.
- Pull all four ends to tighten.
- Two wraps around both parts of the first rope make a Double Sheet Bend.

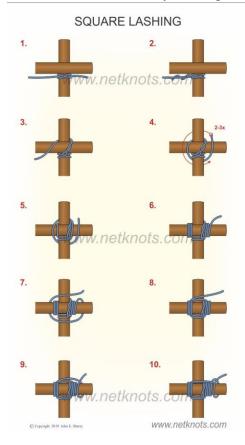




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#### **Square Lashing Tying Instructions**

- Tie a Clove Hitch around the vertical pole and pull the knot very tight.
- Begin the lashing of the two poles together by twisting the short end from the clove hitch around long end of the rope.
- Then wrap the rope over the front of the horizontal pole then around the back side of the vertical pole and over the front of the horizontal piece.
- Continue around the back side of the vertical pole, the front of the horizontal and back side of the vertical and front of the horizontal.
- Continue with this wrapping, alternately going over and under each pole for three turns.
- Tighten your wraps down by making two or more "frapping turns" around the ropes.
- Finish the knot by making two or more half hitches next to the original wraps.





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#### **Taut-Line Hitch Knot Tying Instructions**

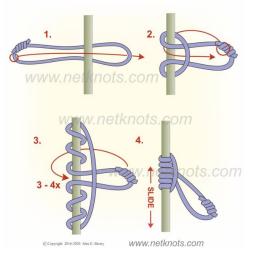
- Make a turn around a post or other object several feet from the free end.
- Coil the free end twice around the standing line working back toward the post.
- Make one additional coil around the standing line on the outside of the coils just made.
- Tighten the knot and slide it on the standing line to adjust tension



#### **Prussik/Larkspur Knot Tying Instructions**

- Make a sling of cordage (no more than <sup>1</sup>/<sub>2</sub> the diameter of main rope).
- Tie the Girth Hitch around the main rope.
- Pass the loop of the sling back through the center of the Girth Hitch three or four more times.
- Load with weight to make sure.

PRUSIK KNOT





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#### Jam Knot Tying Instructions

- Pass end of line through eye of hook or lure. Let a heavy lure hang down or pinch hook between little finger and palm.
- Loop tag end over index finger and make 7 wraps around the double line down to the eye.
- Feed tag end between double lines below last wrap and bring back to loop made by index finger. Run through loop and remove finger.
- Moisten lines and pull tag end tight. Slide knot tight to lure and clip tag end close.



#### **Clove Hitch Knot Tying Instructions**

- Wrap the free end of a rope around a post.
- Crossover itself and around the post again.
- Slip working end under last wrap.
- Pull tight.

